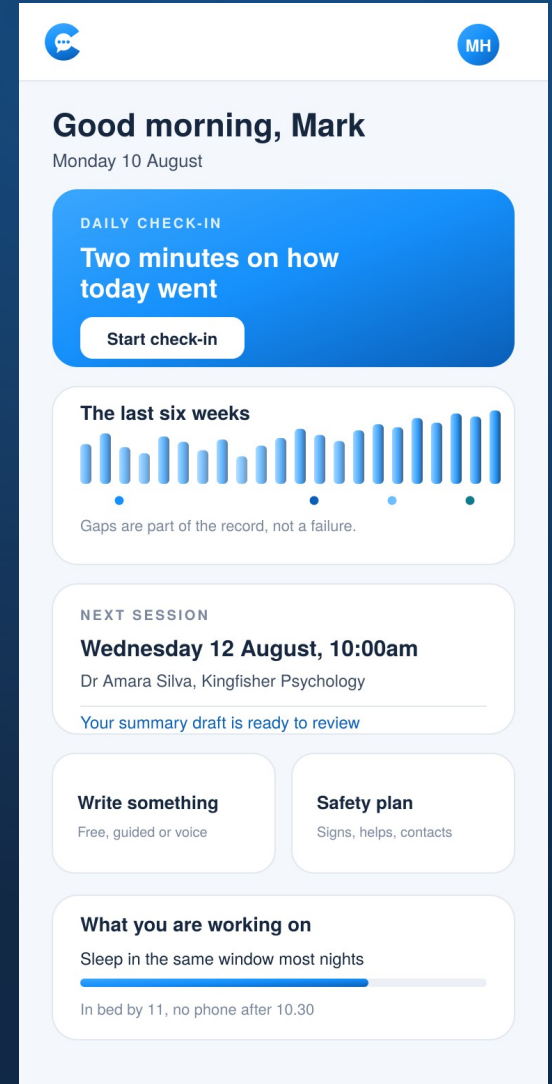




The record of a life
between appointments,
owned by the person
living it.

Investor briefing · Pre-seed

Mental health first · Sunshine Coast, Australia · contexa.com.au



— The problem

Everyone holds a fragment. Nobody holds the story.

A person is the only one present at every appointment, every bad night and every small recovery. They are also the only one with no record of any of it.

6

services a person with a complex condition retells their story to in a year

~50%

of digital mental health tools are abandoned within the first month

The record is scattered

Every service holds a partial file. None of them talk to each other, and none belong to the person the file is about.

Memory is not evidence

A fortnight of sleep, side effects and small wins becomes “not too bad, I think”, because that is what recall does under pressure.

The story keeps restarting

New clinician, new intake form, start from the beginning. People disengage because retelling costs more than it returns.

The obvious product is a monitoring tool. We will not build it.

Watch the person, score their risk, alert somebody. It demos well, it sells to services, and it makes the person the object rather than the author. We think that is why these tools get abandoned inside a month. People stop telling the truth to something that reports on them.

The value of the record is the honesty of what is in it. Honesty depends on the person believing nobody is watching.

Contexa will never

- × Score, rank or triage a person
- × Alert a clinician about someone's entries
- × Let anyone read something marked private
- × Track location or monitor a device
- × Sell data or train models on it
- × Use streaks or guilt to pull someone back

Capture what happens in between

01 A check-in that adapts

Eleven areas, every one skippable and switchable off. Sleep as bed and wake times, each medication logged separately, and an add-your-own on every list.

02 Journal, three ways

Free, guided or voice. Each entry marked private, summarisable or shareable, changeable afterwards.

03 Patterns, not conclusions

Six weeks on one line. Every observation says plainly that a pattern is not a cause.

The prototype interface is divided into three main sections. The top section, 'Good morning, Mark', shows a 'DAILY CHECK-IN' card with a 'Start check-in' button. Below it is a bar chart titled 'The last six weeks' showing sleep patterns over time, with a note that 'Gaps are part of the record, not a failure.' The middle section, 'NEXT SESSION', shows a session scheduled for 'Wednesday 12 August, 10:00am' with Dr Amara Silva, Kingfisher Psychology. It includes a 'Write something' button (Free, guided or voice) and a 'Safety plan' button (Signs, helps, contacts). The bottom section, 'What you are working on', shows a progress bar for 'Sleep in the same window most nights' and a note 'In bed by 11, no phone after 10.30'. The right sidebar, 'Sharing', lists two users: Dr Amara Silva (Psychologist, Kingfisher) and Nadia Houston (Partner, supporter). It shows a list of items that can be shared (Approved summaries, Mood and sleep trends, Medication and side effects, Safety plan) and a list of items that cannot be shared (Your journal entries, Anything marked private). It also shows a list of items that have been shared (That you checked in, not what you wrote).

Good morning, Mark
Monday 10 August

DAILY CHECK-IN
Two minutes on how today went
[Start check-in](#)

The last six weeks
Gaps are part of the record, not a failure.

NEXT SESSION
Wednesday 12 August, 10:00am
Dr Amara Silva, Kingfisher Psychology
[Your summary draft is ready to review](#)

Write something
Free, guided or voice

Safety plan
Signs, helps, contacts

What you are working on
Sleep in the same window most nights
In bed by 11, no phone after 10.30

Sharing
Everyone who can see part of your record, what they can see, and until when.

AS Dr Amara Silva
Psychologist, Kingfisher
Active

Approved summaries [Can see](#)
Mood and sleep trends [Can see](#)
Medication and side effects [Can see](#)
Safety plan [Can see](#)
Your journal entries [Cannot see](#)
Anything marked private [Cannot see](#)

NH Nadia Houston
Partner, supporter

That you checked in, not what you wrote [Can see](#)

Who opened what

Dr Amara Silva	8 Aug
Opened your 14 July summary	
Dr Amara Silva	8 Aug
Marked the summary reviewed	
Nadia Houston	31 Jul
Added an observation	
You	22 Jul
Withdrew reception access	

The prototype, with demonstration data throughout

Consent is the product, not a setting inside it

Most health software asks permission once, at sign up, and treats the answer as permanent. That is a formality collected at the least informed moment.

Starts at nothing

Every category is a separate decision, and all of them begin off.

Everything expires

Access ends on a date the person sets. A clinician cannot extend their own.

Withdrawal is instant

One tap, no explanation owed, and the other side loses access immediately.

Fully auditable

The person sees who opened what and when. The clinician sees the same log.

Sharing
Everyone who can see part of your record, what they can see, and until when.

User	Role	Status
AS	Dr Amara Silva Psychologist, Kingfisher	Active
Approved summaries	Can see	
Mood and sleep trends	Can see	
Medication and side effects	Can see	
Safety plan	Can see	
Your journal entries	Cannot see	
Anything marked private	Cannot see	

User	Role	Permission
NH	Nadia Houston Partner, supporter	
That you checked in, not what you wrote	Can see	

Who opened what

User	Action	Date
Dr Amara Silva	Opened your 14 July summary	8 Aug
Dr Amara Silva	Marked the summary reviewed	8 Aug
Nadia Houston	Added an observation	31 Jul
You	Withdrew reception access	22 Jul

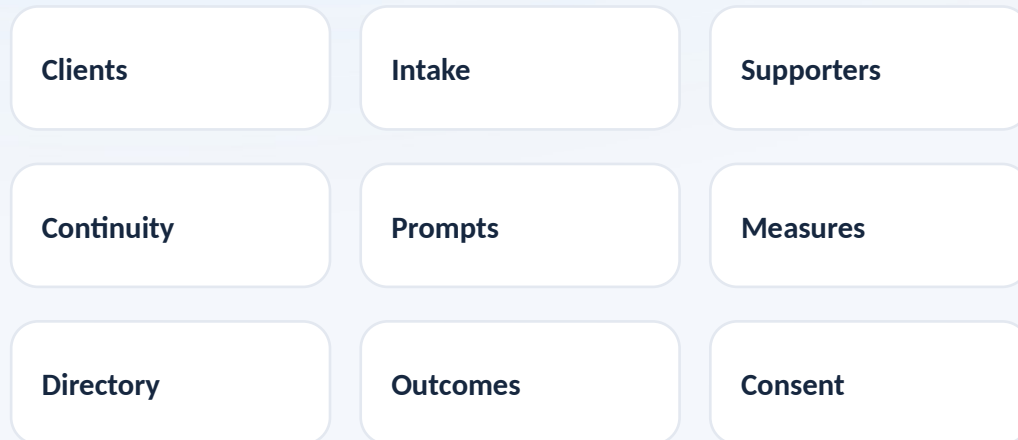
What a clinician sees

Approved summaries	Yes
Mood and sleep	Yes
Medication	Yes
Safety plan	Yes
Journal entries	No
Anything private	No

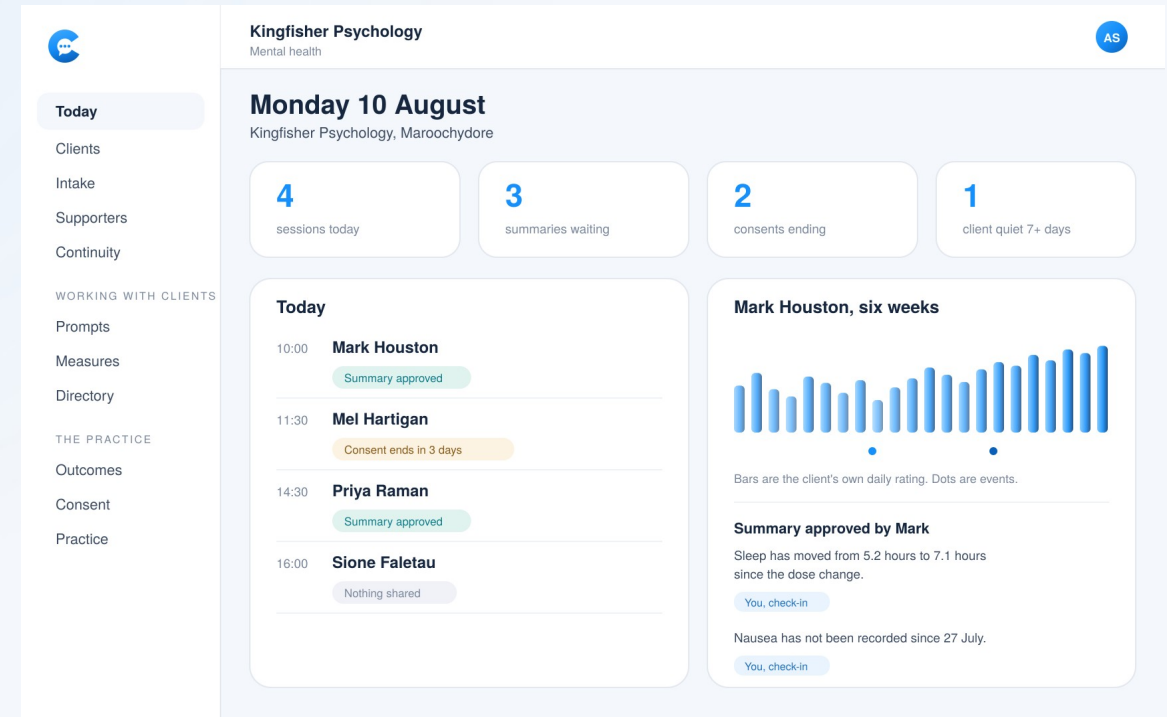
The product, three

Three minutes of reading, not another inbox

A summary arrives written and approved by the client, so the session opens already knowing what changed and what they want to ask. Every fact is labelled with its source. Nothing pages anyone, and nothing is scored.



Nine areas designed and prototyped, none yet in clinical use



The prototype practice portal, with demonstration data

Ownership is the defensible position

One

Portability beats integration

Interoperability has failed for two decades because it needs institutions to cooperate. A record owned by the person moves between services without any of them agreeing to anything.

Two

Trust compounds

The value of the record is the honesty in it, and honesty depends on nobody watching. Every competitor that adds monitoring degrades their own dataset.

Three

The clinician is the channel

Consumer health apps burn money on acquisition and lose people in weeks. Contexa arrives through a service the person already attends, with a clinician who benefits directly.

— Market

Large, measured, and chronically underserved

4.3m

Australians had a mental disorder in the last 12 months, 21.5% of adults

\$220b

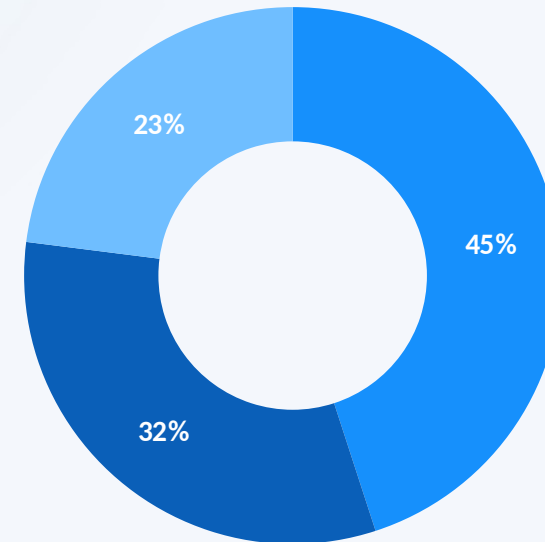
annual cost of mental ill health and suicide to Australia, around \$600m a day

~46,000

registered psychologists, growing 4.1% a year, at 172 per 100,000 people

ABS National Study of Mental Health and Wellbeing 2020–22 · Productivity Commission Inquiry into Mental Health 2020 · Psychology Board of Australia, Nov 2024

Where the revenue comes from



■ Private practices ■ Community services ■ Health networks

Under half of Australians with a 12 month mental disorder sought any treatment. Individuals are not on this chart: their access is free permanently, so they are the reach, not the revenue.

Services pay. People do not pay for their own record.

SEGMENT	WHO BUYS	WHY THEY BUY	SHAPE
Private practices	Practice principal	Better prepared sessions, less time reconstructing history	Per clinician, monthly
Community services	Service manager	Continuity across a caseload with high turnover, plus outcome evidence	Per seat, annual
Primary Health Networks	Regional commissioner	Continuity between commissioned services that share no systems	Programme licence
Individuals	The person	Their own record, kept when they leave any service	Free, permanently

The free individual tier is the thesis, not a growth tactic. A record a person loses when they stop paying is not a record they own.

Priced to be a principal's decision, not a procurement

A hypothesis to be tested in the pilot, not a rate card. Anchored against what a practice already pays for its management software, and against what a single session is worth.

Private practice

\$45

per clinician, per month

About a quarter of one session fee. A six clinician practice is \$3,240 a year, small enough to be decided in a corridor.

Community service

\$390

per seat, per year

Roughly 30 percent off the monthly rate for an annual commitment, which suits how these organisations budget.

Programme or network

\$35k to \$60k

per year, by seat count

For Primary Health Networks, the 31 regional bodies that commission mental health services. Sits inside a budget that already exists.

Individuals

Free

permanently

Not a trial and not a freemium ladder. A record a person can lose is not a record they own.

A working prototype, not a slideware promise

Nothing here is in clinical use and we have no users. What exists is a complete, clickable prototype of both sides, built to make the design decisions concrete and testable before a line of production code is written.

Done

Prototype of both sides

Person's app and practice portal, sharing one record. Openable in this meeting.

Done

Design and policy groundwork

Consent architecture, clinical safety policy, privacy impact assessment and clinician training, drafted.

Next

Build to production

Two engineers, roughly six months, to take the prototype to something a practice can safely use.

Then

Clinical pilot

A small number of practices, measured against a falsifiable four week test.

The test that decides everything

After four weeks of pilot use, three questions. If the answers are no, we do not have a company and we would rather find that out early and cheaply.

- 1 Do people report feeling more prepared for their appointments?
- 2 Do they report feeling more accurately understood?
- 3 Does clinician reading time stay under the time it saves?

What we are not claiming

No users, no revenue, no pilot data, and no outcome evidence yet. Every figure in this deck about how the product performs is a target we intend to be measured against, not a result.

What could go wrong, stated by us first

Clinician adoption

Clinicians reject anything that adds minutes.

Summaries arrive pre-approved rather than raw, and reading time is a tracked headline metric.

Engagement decay

Self-tracking apps lose half their users in a month.

The check-in serves an appointment the person already has, which a mood tracker cannot offer.

Regulatory drift

One feature turns this into a regulated device.

No scoring, no triage, no treatment direction. Crossing that line is a governed decision, not an accident.

Misuse

Supporter features used to control someone.

Designed against from day one and covered in mandatory clinician training. Managed permanently, not closed.

Incumbents

A practice vendor bolts on a client diary.

They can build the feature. They cannot make the record belong to the person without dismantling their own model.

Trust, once

A single privacy failure ends the company.

Correct, and we treat it that way. No data sale, no model training, no monitoring, even where convenient.

The ask

\$350,000

Pre-seed. Twelve months of runway, to a measured pilot with evidence at the end.

Build	\$120k	Fixed price delivery with an established engineering partner, using the prototype as the specification.
Clinical lead	\$50k	Part time psychologist with the authority to stop a feature, appointed before the build starts.
Compliance and security	\$60k	Independent privacy impact assessment, penetration test, legal, terms and insurance.
Pilot and evaluation	\$50k	Implementation support, clinician time and an independent evaluation partner.
Hosting and operations	\$15k	Australian hosting, monitoring, app store and tooling for twelve months.
Contingency	\$55k	Roughly fifteen percent. Something always costs more than the quote.
Total	\$350k	

What it buys

- A production build a practice can safely use
- A completed independent privacy assessment
- A pilot across a small number of practices
- An answer to the four week test, either way

Who we are looking for

- Investors comfortable with a clinical evidence timeline
- Operators who have sold into health services
- Introductions to Primary Health Networks and community programmes
- Clinical advisors, especially psychiatry
- People who will argue with the privacy model rather than nod at it



*“I do not want to be asked to start
from the beginning every time
I meet someone new.”*

The line that started this company

Open the demo

contexa.com.au

Investors

investors@contexa.com.au

General

hello@contexa.com.au

Contexa does not diagnose, prescribe or replace clinical care.